FREE FROM JOHN SONMEZ

30

TEXTS THAT KEEP HER INTERESTED



I get a lot of emails from guys showing me their texts. Most of the time the problem is the same. They're texting like they're trying to win her over.

Here's the thing. The main goal of texting is to set up a date. That's it. You keep it light, you keep it flirty, and you move it toward meeting in person.

One guy told me he got a girl's number at the gym and then asked about her day because he'd heard you're supposed to wait a few days. I told him the waiting is not good advice anymore. Make a joke or two and then ask her out.

Every text in here comes from real conversations I've broken down on my channel and with guys I coach. Don't copy them word for word forever. Lines get overused. Learn the vibe and make up your own.

30 TEXTS THAT KEEP HER INTERESTED

A FEW RULES BEFORE YOU START

- Your goal is the date. If a text doesn't keep it fun or move toward meeting her, don't send it.
- Mirror her texting habits. If she sends short texts, don't send her paragraphs.
- No interview questions. Where do you work, how many siblings, save all of that for the date.
- Don't text too much before the date, and don't get sexual over text. Leave some mystery.
- Don't put pressure on her to reply. No hoping she liked it, no emoji walls, no chasing.

That's the whole game over text. Get a couple of laughs, set the date, and then go be the guy she was curious to meet. Some of these won't land and that's fine. You're not going to win them all, and you don't need to.

RIGHT AFTER YOU GET HER NUMBER

Text her the same day. Bring back something from when you met.

1. **It's Jake. The guy who was right about everything earlier. Mostly.**
   Send it right away so she has your number. Waiting three days is old advice.
2. **Still thinking about your terrible coffee order.**
   A quick callback to something from in person reminds her of the fun guy she met.
3. **You still owe me a rematch on that argument.**
   Inside jokes beat small talk every time.
4. **[photo] Found the place you said doesn't exist.**
   A picture of something interesting you're doing beats how was your day.
5. **[photo from the trail] You would have quit by mile two.**
   A picture plus a playful challenge gives her something fun to push back on.

KEEPING IT LIGHT

Seriousness kills it. Give her something she has to answer.

6. **Her: What are you up to? You: Just finished robbing a bank. Slow day.**
   A crazy answer always gets a reply.

7. **Her: What do you do for work? You: Proctologist. Okay, not really. I'll tell you in person.**
   Have fun with interview questions, drop the act later, save the details for the date.

8. **Important question. What kind of pasta are you?**
   A silly question beats what do you do for work. It keeps it fun.

9. **I noticed something in every single one of your photos.**
   Opens a loop she wants to close. She'll probably guess before you tell her.

10. **You say you're a runner. How far are we talking? Be honest.**
    A small challenge. Now she's proving herself to you.

11. **You like that team? I don't know if this is going to work. We'd fight too much.**
    Disqualify her on something silly. Never on her looks.

FLIRTING

Flirting is a witty conversation with a little tension in it. Play make believe.

12. **You're cute, but you look like trouble.**
    She'll want to know why. Most women will respond to this one.

13. **Her: I thought the same about you. You: Sounds like we'll need a chaperone.**
    Keep the story going. You're both playing a role now.

14. **Her: Ha, no chaperone. You: We can hire a babysitter.**
    Stay in the joke. Is he serious? That's what makes it fun.

15. **You're cute, but I'm breaking up with you.**
    A fake relationship she can play along with.

16. **Her: What did I do? You: You're being way too cute. I can't take it anymore.**
    Now she's arguing for an imaginary relationship. That's a good sign.

17. **One time I told a girl I'd kissed five girls. She was very impressed.**
    Play the clueless character. Don't overdo it, then move to the date.

SETTING UP THE DATE

Give the day, the time and the place. Don't ask what she wants to do.

18. **Let's talk it over a drink. Thursday at 7, [place].**
    Turn the joke straight into the date.

19. **When we go knock over that 7-Eleven Thursday, we're grabbing a drink at [place] first. 7pm.**
    Use when, not would you. If she plays along, the date is set.

20. **How about coffee at [place], Sunday at 3?**
    Day, time, place. Short and easy to say yes to.

21. **Her: Can you do a little earlier? You: Sure, what time works for you?**
    Let her pick the new time. It's hard to flake on a time you chose.

22. **Her: I can't do Thursday. You: Okay, what works best for you?**
    Whoever turns down the time suggests the next one.

23. **Meet me at the park by the lake at 6. We'll walk, then I've got a dinner spot in mind.**
    Plan more than one thing. It feels like an experience, not an interview.

24. **I've got something planned. Meet me at [place] at 7. Wear something nice.**
    A little mystery. She doesn't have to plan anything. You do.

WHEN SHE GOES QUIET OR FLAKY

Stay light. Don't chase, don't sulk.

25. **Day of: Are you driving or grabbing an Uber? Parking is around the back.**
    Confirm with a question. Don't ask if she's still coming.

26. **Day of: I'm getting there a few minutes early. Want me to order you a drink?**
    Assumes she's coming and needs a reply. No reply tells you something too.

27. **Her: I'll try to make it. You: Ha, I'll try to make it too.**
    Call it out, but make it funny.

28. **Her: I can't promise. You: Good, because I can't either. But you're high on the list.**
    Throw it back with a joke instead of a lecture.

29. **Her: Can't make it today, something came up. You: Oh man, I dressed well today. I'm back on the 23rd.**
    Light, not hurt, and the ball is in her court. Don't rush to reschedule.

30. **Two weeks of nothing: Hey, what are you doing Wednesday?**
    Nothing to lose by one more text. Suggest a time and see what happens.



HI, I'M JOHN SONMEZ

I was a shy, insecure kid. I built Bulldog Mindset to help men build real confidence with women, with people, and in themselves. Discipline is the method.

Everything in this guide comes from things I've taught on my channel, my podcast and inside Bulldog Mindset.

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